

## Get the help you need now...

Los Angeles County Department of Mental Health provides a range of programs and services designed for older adults aged 60+ who reside in Los Angeles County. Mental health services are available through directly operated and contract agencies throughout the County.

## Full Service Partnerships for Older Adults

The Los Angeles County Department of Mental Health offers a Full Service Partnership program (FSP) for older adults ages 60 and above who have been diagnosed with mental illness and would benefit from, and are interested in, participating in a program designed to address physical, emotional and living situation needs.

FSP programs are capable of providing an array of services beyond the scope of traditional mental health outpatient services. Those participating in an FSP Program have services available to them 24 hours a day, 7 days a week.



If you are in crisis and need help right away, call the toll-free  
24/7 ACCESS Helpline:

**1-800-854-7771**



Sachi A. Hamai,  
*Chief Executive Officer*  
Los Angeles County

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Jonathan E. Sherin, M.D., Ph.D., *Director*  
Los Angeles County  
Department of Mental Health  
550 South Vermont, 12<sup>th</sup> Floor  
Los Angeles, CA 90020

Phone: 213-738-4601  
Fax: 213-386-1297



<http://dmh.lacounty.gov>

**hope** *wellness*  
**recovery**

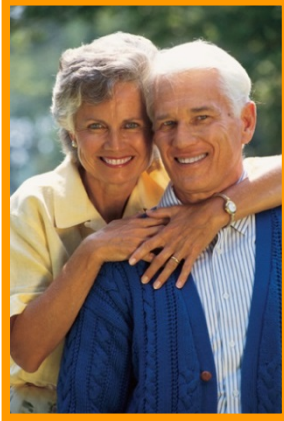
## Full Service Partnership Older Adults



**A program funded by  
The Mental Health Services Act**

## FSP Programs provide comprehensive, intensive mental health services for older adults in their homes and communities

FSP programs provide a wide array of services and supports, guided by a commitment from providers to do “whatever it takes” within the resources available.



### Key Components of FSP

- FSP programs provide specialty mental health services designed to meet the unique bio-psycho-social needs of older adults.
- FSP services are provided in settings that are often preferred by older adults, for example, in the home of the older adult, in other community settings, such as senior centers, senior housing complexes or primary care settings.
- FSP services are provided by multi-disciplinary teams of professional, para-professional and volunteer providers who have received specialized training to work effectively with older adults

### Type of services available:

- Counseling, psychotherapy and case management
- Field-based services
- Culturally and linguistically appropriate services
- Medication support services
- Integrated services for those with co-occurring substance abuse and mental health disorders
- Linkage to health care services
- Peer support services
- Self-help and family support groups
- Assistance in obtaining transportation related to the mental health treatment goal
- Benefits establishment for those who qualify
- Assistance establishing affordable housing
- Representative payee services, where appropriate
- Support available 24/7



## If you have any questions or need more information about FSP Services, please contact:

Joyce Chiang  
[ichiang@dmh.lacounty.gov](mailto:ichiang@dmh.lacounty.gov)  
213-738-2327

Ann-Marie Murphy  
[amurphy@dmh.lacounty.gov](mailto:amurphy@dmh.lacounty.gov)  
213-738-2336

### Who is eligible to receive Older Adult FSP services?

Older adults, ages 60 and above, with a serious and persistent mental illness that results in difficulty functioning and who have experienced the following within the last year:

- Homelessness or at serious risk of becoming homeless;
- In jail or frequent contact with the criminal justice system;
- Frequent psychiatric hospitalizations or psychiatric emergency services.
- At risk of abuse, neglect, harm or placement in a higher level of care, such as a skilled nursing facility.
- Co-occurring medical or substance abuse disorders.